



Shepherd Elementary School

THE MUSTANG

Home of the Shepherd Mustangs

September 26, 2011

- ♦ **Mon, Sept 26-Mon, Oct 3:** School Book Fair, Library

- ♦ **Tues, Sept 27: Family Dinner Night**, Spring Garden Chinese Restaurant, 8613 16th St., Silver Spring



- ♦ **Wed, Sept 28:** Book fair open until 7 p.m.
- ♦ **Fri, Sept 30: School Picture Day** (in uniform!)

Consult the school website, www.shepherd-elementary.org, for a full array of events and happenings throughout the school year!

Traffic Safety: Our Children's Lives Depend on It!

The Local School Advisory Team is issuing a two-pronged challenge on traffic safety. One prong is directed at the D.C. government. The other prong is directed at all Shepherd parents.

LSAT members and Shepherd parents are circulating a petition demanding that the D.C. government take corrective measures to promote traffic safety at Shepherd. These measures include:

- ♦ Assigning an additional crossing guard to the corner of 14th and Jonquil Streets NW.
- ♦ Increasing ticket patrol on 14th Street NW between Kalmia Road NW and Jonquil St. NW between 8-10 a.m. and 2:30-4:30 p.m.
- ♦ Making 14th Street NW a one way going south between Kalmia and Jonquil.

(see TRAFFIC, page 7)

A Word from Mrs. Miles!

Greetings Everyone!

I hope this message finds you well!!



Back to School Night

Last Wednesday, approximately 200 parents joined us for our school's annual Back to School night. Parents in attendance had the opportunity to meet with their child's teacher to learn more about the curriculum and classroom expectations. If you were unable to attend, each teacher will be providing you with a copy of the agenda for the evening along with other important information shared with parents in attendance. Please be sure to review the items sent and contact your child's teacher if you have questions.

Curriculum Night

Mark your calendars for Tuesday, October 25, 2011, for our School Math Night. The event will begin at 6:00 p.m. Parents and students should plan to attend. Individuals in attendance will be returning to the classroom to learn about key math concepts and how they can help their student at home when tackling math homework. After the lesson, attendees will have the opportunity to play math games and create some 'make and take' items they can use at home. One of our goals this school year is to provide parents with direct instruction in reading and math so that you will be able to better support your child's learning at home.

Progress Reports

Progress Reports were sent home today with each student. Please review your child's report closely and

(see MILES, page 10)

PTA SETS BUDGET FOR 2011-12

At Wednesday's Back to School Night, parents in attendance approved the PTA's budget for the 2011-12 year, which runs through June 30. To see the three-page budget yourself, go to <http://www.shepherd-elementary.org/parents/parent-teacher-association-pta/> then navigate to the gold box at the right and click on "2011-12 PTA Budget."



It's the Rack for You!

Shiver me timbers, mateys! Check out the rack on the wall outside the main office. It's loaded with all sorts of helpful information for Shepherd parents of all types.



First and foremost, you'll find a series of "Parents' Guide to Student Success" pamphlets furnished by the National PTA. There's a different one for every grade level from kindergarten through fifth grade.

Upon closer inspection, the rack also features a flyer from the Shepherd PTA appealing for monetary support, showing where our 180 Fund and fundraising monies go. You'll also find a copy of the handy "All in One" form that has graced the back pages of The Mustang for the past month – it serves as a 180 Fund contribution form, a school directory form, a parental photo permission slip, and a volunteer signup list.

Hello,
Fellow Mustangs!



A couple of weeks ago, the Shepherd Park lower field

got a new playground. It opened - unofficially, anyway - Sept. 6. The new lower field playground has swings, seesaws, rocks to climb on, and a giant jungle gym. There are picnic tables and water fountains too! Many children from our school, the Shepherd Park neighborhood, and surrounding neighborhoods enjoy the playground every day after dismissal. One Shepherd Elementary student told me that this playground is even more fun than our school playground.

I do love the lower field playground, and what I like the most is bumping into my classmates. Fellow Mustangs, let's keep our new neighborhood playground clean, let's follow the rules, and let's play safe.

I encourage you to share cool news tips and comments with me. Please contact me at snherisse@yahoo.com

--Sophia-Rose Herisse, 4th grader

Shepherd parent Mickey Bolek, the father of first-grader Daniel Susse, won the special election for the one parent-representative vacancy on the **school's Local**

School Advisory Team. Thanks also to Shawn Jenkins, who was nominated for the spot. Voting was conducted during **last Wednesday's Back to School Night.**



We Have a **WINNER!**

Shepherd Parent Kesha Pendergrast won a \$25 gift certificate to Mi Rancho, the Tex-Mex restaurant in Silver Spring, at Wednesday's Back to School Night. What's more, last Wednesday was Kesha's birthday! Our congratulations to Kesha, and our thanks to Mi Rancho for offering the door prize – and for hosting a teacher/staff get-together last Wednesday between the school day and Back to School Night.



Volunteer at Shepherd!

Did you know... that one Shepherd grandma devotes her time to cleaning and organizing the closets in the classrooms of her grandsons' teachers? It's true! And it's just that simple for you to be able to volunteer. Your child's teacher may very well appreciate having an extra set of eyes, hands and legs in the classroom some day (or morning or afternoon) to help with a project.



And the PTA, as a volunteer organization, depends entirely on the efforts of its parent corps. There are more than 20 ways you can help the PTA, and by extension Shepherd Elementary, when you volunteer. Go to <http://www.shepherd-elementary.org/volunteer-form/> and sign up!

FAMILY DINNER NIGHT

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Spring Garden Chinese Restaurant
8613 16th Street (Spring Center)
Silver Spring

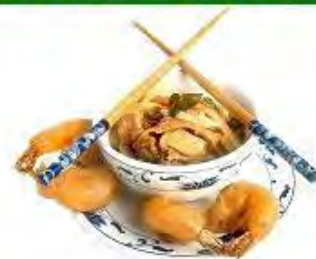
Tuesday, September 27
5-10:30 p.m.

Chinese Cuisine • American Favorites
Sushi, Too!

→ **SAY YOU'RE WITH SHEPHERD** ←

The PTA gets a 20% rebate
from your pre-tax tab

LET'S PACK THE PLACE!



Good for Dine-In Only — No Carryout or Delivery

Join the TV-Video Game Turnoff Club!

Look in the back of this week's Mustang for a flyer encouraging YOUR child to join Shepherd's TV-Video Game Turn-Off Club. Membership is open to all – especially kids, but parents can sign up, and parents can help their children stick to the pledge they make when they join.



Shepherd families joined the club in droves last year, and we want to pick up right where we left off. Two parent representatives on the Local School Advisory Team, Jennifer Pauk and Sherilyn Pruitt, are in charge of this year's TV-Video Game Turnoff Club. Look for club updates in future issues of the Mustang, and check out the school website, <http://www.shepherd-elementary.org/school-life/tv-turnoff/>, for more.

Box Tops are Tops!

Yes, Shepherd, we are still collecting Box Tops for Education! You don't even have to wait to fill up a completed Box Tops Collection Sheet to contribute. Just put your clipped Box Tops into a Ziploc-style sandwich-size bag and include your child's name, teacher and grade. The last step is to put them into the Box Tops Box in the school office!



Cell Phone Recycling Helps Everyone

Why mine the earth for precious metals used in cell phone and smart phone technology when they're all in that cell phone you'd otherwise just throw away? Don't toss it out. Instead, take part in Shepherd's Cell Phone Recycling program. Every time we collect at least 10 cell phones, we turn them in to a company that will deconstruct the cell phones and reuse the parts for future phones. And in return, the PTA gets a little cash. Even the most basic of cell phones will net the PTA a couple of bucks, and advanced smart phones can bring up to \$30. So if you've upgraded to 4G, or gone iPhone but still have that old phone, put it in the PTA box. We thank you, and the Earth thanks you!



School Directory News

You don't want to have an unlisted number in the annual Shepherd Family Directory, do you? Take the pro-active step of signing up for the directory. Go to <http://www.shepherd-elementary.org/parents/parent-teacher-association-pta/pta-forms/> and click on "Shepherd Elementary Family Directory." Fill out the information, fill in the blanks, sign the form and bring it to school and put it in the PTA box. There is a Shepherd parent who volunteered over the summer to handle this year's directory from start to finish. Don't make her like TV's "Maytag Repairman," with nothing to do!



When I Support the SES PTA, Where Does That Money Go?

Good question! As parents, family members, neighbors and other supporters of the Shepherd Elementary School PTA, we have a right to know how our money is being spent. And, especially in this economy, we deserve to know that our money is being spent wisely—and directly on the school and children we love.

So, what are some of the ways in which the PTA uses proceeds from the 180 Fund, Family Dinner Nights, the Annual Spring Auction, and other events?



Teacher and Staff Stipends

Teachers, assistants, and other Shepherd staff open their hearts, their minds, and sometimes their own wallets, in preparing to welcome our children into their classrooms. We are pleased to continue our tradition of presenting each teacher and teacher's aide with a stipend to use at their own discretion on supplies, services, and activities, etc. to augment the school's budget and enhance the classroom experience.

Building, Grounds, and Garden Maintenance

Many of the "extras" that make the Shepherd campus warm and inviting for students, and all of us—landscaping, garden benches, a fresh coat of paint—are picked up by the PTA when the school budget doesn't stretch far enough. Two years ago, the parents at a PTA meeting voted to donate a brand new gymnasium floor.

Technology

Our kids are growing up in a world driven by new technology and to ensure their place in a fast-paced environment, the PTA strives to support many of Shepherd's hardware and software needs. The computer lab computers were your gift to the students, through the PTA! This year, we're considering the purchase of e-readers or other similar portable technology.

Academic and Cultural Enrichment

Like so many schools all across the country, Shepherd Elementary is asked to do more each year, with less. When the school budget is cut, it affects program effectiveness, the scope of curricula, teacher morale, and our kids' opportunities to learn. The SES PTA supplements the school supply budget by \$10,000 and augments the music and arts programs, afterschool academy, special programs and assemblies, and other activities that might have been at risk due to limited resources. Importantly, the PTA also contributes to training and professional development for our wonderful teachers.

Of course, your donations also support PTA meetings, activities and communications, designed to help you make the most of your child's years at Shepherd.

Visit www.shepherd-elementary.org and look under "Parents" to learn more about the SES PTA mission, activities, and budget. This is your PTA and we want you to be informed.

I Got Dem Old Shepherd Blues Again Mama! (And Daddy!)



The following song got its world premiere during last Wednesday's Back to School Night. Mr. Giles, the music teacher, had asked students in his music classes to write a blues song – that is, of course, after he outlined what the blues is and how the blues can be written. He performed it for parents who stopped by his room during the break-out segments. "The Shepherd School Blues 2011" features contributions from Layla Brent, McKayla Belmar, Makayla Kennedy, Lillian Beach, Savannah Brinkley, Chandler Mabry, Kaitlyn Hunter, Cierra Barnette, Ernestine Lwongo, Cyntia Pattison, Jasmine Greene, Ben White, Jean Pierre Roberts, Noah White, Alex Leonard, Kadija Taylor, Catherine Serrano and Samuel Bush.

*When I brushed my teeth, my tooth came out last night,
The tooth fairy gave me two dollars... out of sight!
My tooth is gone, but I am feeling all right.*

*I went to Grenada to see my favorite grandmother,
My feet had lots of bugs on each other,
I went to the park with grandma and my mother.*

*It's pouring really hard, but the rain will stop some-day,
When it stops, I'll go out to play,
Because children want to see a sunny day.*

*Good morning, breakfast, breakfast how do you do?
You look so nutritious and you taste pretty good too.
But first I'll have to try to tie my shoe.*

*Hello, school, I got the blues.
It's raining outside, the water is starting to pool.
I went to Peru where I met a friend who is cool.*

*I got the homework blues, it's never gonna end.
No playing ball or spending time with my friend.
I'm stuck in the house with some paper and a pen.*

*The dolphins swim so smooth, and I lost my shoes.
Dolphins can swim, but I really need my shoes.
If the dolphins can't help me, I'll really have the blues.*

*The rain comes today, and I think I'm losing my mind.
Better do my homework 'cause this rain may be a sign,
When the sun comes out, play "hide, seek, and find."*

*Homework is boring, it takes time and it's hard,
If I had no homework I could play in my back yard.
I've got the morning blues 'cause I'd like to play a card.*

*My mom has the sugar blues, she really wants some sweets,
But she can't have any 'cause it messes up her teeth,
What's she gonna do... no candy or other sweets.*

*My brother, my sister, you are important to me,
We won't be alone if we open our eyes and see,
I will never let you get stung by a bee.*

*When I go outside I sometimes get the blues,
I'd rather stay home or go to Shepherd School,
Then I'll make some friends and I'll finally lose these blues.*

*Oh I love to play the game of laser tag.
But the summer is over, so I have to pack my bags.
Goodbye to summer, it's time to fold the flag.*

*What's up shoes? Shoes, how do you do?
The blue ones, the black ones, I just don't know what to do.
I've got so many I wonder which to choose.*

*One day at school I heard rumbling on the ground.
I was really scared and trembled all around.
I have the earthquake blues, shook my school all around.*

*Go away, blues, I want to have fun in school.
I'm working, dancing, giggling, not feeling blue.
I'm going to Shepherd, no blues allowed in school.*

*It's raining all day and I have nothing to do,
Mom says the sky is "crying" but that's not what's causing my blues,
My brother's in a bad mood, so we both have the all-day blues.*

Paper, or Paperless?

Just like the checkout clerk asks, “Paper or plastic?”, we give all Shepherd parents a choice when signing up for the 180 Fund, the Volunteer Signup Form, the School Directory and the Photo Permission Slip: paper or paperless?

You can find paper copies of the All-in-One form in previous issues of The Mustang, which are archived at the school’s website, www.shepherd-elementary.org.

But you can also go online and enter in all the necessary details. Here’s how:

The 180 Fund: <https://www.shepherd-elementary.org/180fund/>.

The School Directory: <http://www.shepherd-elementary.org/parents/parent-teacher-association-pta/pta-forms/> and click on “Shepherd Elementary Family Directory.”

The Volunteer Form: <http://www.shepherd-elementary.org/volunteer-form/>.

The Photo Permission Slip: <http://www.shepherd-elementary.org/parents/parent-teacher-association-pta/pta-forms/>. You’ll have to print a copy, sign it and return to the PTA box in the school office.

Shepherd Gets a Little GREENER

You may have noticed that some of the doors and doorways in the main corridor of the school aren’t blue anymore. During last month’s Beautification Day, volunteers painted them a lovely shade of Shepherd green! It’s the start of a yearlong project to turn many of the school’s blue accents into green.

Along the same lines, earlier this month the school got a series of signs indicating the room number and, in some case, what the room is used for. But don’t believe it when the sign says “multipurpose room.” Everyone knows that’s our auditorium. And our gymnasium! And our indoor recess room!



**Deadline for Next
Mustang Issue**

**Fri, Sept 30,
at 5 p.m.**

Send all contributions to:
sesmustang@gmail.com

TRAFFIC

from p. 1

- ◆ Putting “Stop for Pedestrians in Crosswalk” signs at all crosswalks surrounding school.



Regardless of what the government does, it is also up to all of us as parents to promote good traffic safety habits and serve as a model to our children. Therefore, along with the petition, the LSAT is circulating a pledge that each and every parent can sign. Its points include:

- ◆ Not stopping or parking in a crosswalk
- ◆ Parking only in a legal space
- ◆ Stopping for pedestrians in the crosswalk
- ◆ Following the speed limit
- ◆ Making only legal turns (no illegal U-turns)
- ◆ Letting students out only on the curb side of the car

By the time you read this, you may already have spotted parents at a table outside school, or walking the sidewalks with clipboards and pens at the ready, urging signatures to show D.C. officials – and each other – that WE MEAN BUSINESS.



It's hard to believe that we are in our sixth week of the new school year. Next week is our week of reflection. Teachers and students will reflect on Unit 1, the current Program of Inquiry in the classroom. Parents, we value your opinion and ask that you take a moment to highlight moments of caring gestures and/or behaviors that you've observed from your child at home over the last month. Please find a Learner Profile reflection sheet for the profile of **Caring** in your child's backpack at the end of the month. Please don't forget to send the reflection sheet back to school for your teacher to complete their reflection about your child.

Hispanic Heritage Month

⇒ Did you know:

- ⇒ Chocolate came from Mesoamerica (part of Mexico and Central America)?
- ⇒ The Aztecs and the Mayans people were one of the first people to consume chocolate mostly in beverage form for medicinal and religious purposes?
- ⇒ Many of the foods we consume today, like avocados, chillies, corn, and tomatoes originated in Mexico and Central America?

Hispanic Heritage Month began on the 15th of September and will continue for one month until October 15th. It has been a month long celebration in the United States since 1988. It is the anniversary of independence for five Latin American countries - Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua. Mexico and Chile achieved their independence a few days later — Mexico on September 16th and Chile on September 18th.

Suggested reading for Hispanic Heritage Month:

Pre K – 2

- **Martina the Beautiful Cockroach: A Cuban Folktale** by Carmen Agra Deedy
- **Doña Flor** by Pat Mora
- **Juan Bobo Goes to Work** by Marisa Montes
- **From the Bellybutton of the Moon and Other Summer Poems** by Francisco X. Alarcon
- **Pablo's Tree** by Pat Mora
- **Chato and the Party Animals** by Gary Soto
- **Mama & Papa Have a Store** by Amelia Lau Carling
- **In My Family** by Carmen Lomas Garza
- **Rainbow Tulip** by Pat Mora
- **Xochtil and the Flowers** by Jorge Argueta
- **Nacho and Lolita** by Pam Munoz Ryan
- **The Spirit of Tío Fernando** by Janice Levy
- **Hispanic Scientists: Ellen Ochoa, Carlos A. Ramirez, Eloy Rodriguez, Lydia Villa-Komaroff, Maria Elena Zavala** by Jetty St. John
- **Get Ready for Gabi: A Crazy Mixed Up Spanglish Day** by Marisa Montes and illustrated by Joe Cepeda

Grades 3-5

- **Under the Royal Palms: a Childhood in Cuba** by Alma flor Ada
- **My Diary from Here to There** by Amanda Irma Perez
- **Magic Windows** by Carmen Lomas Garza
- **Hands-on Latin America: Art Activities For All Ages** by Yvonne Y. Merrill
- **Where the Flame Trees Bloom** by Alma Flor Ada
- **Amazing Hispanic American History** by George Ochoa
- **Family Pictures** by Carmen Lomas Garza
- **Famous Hispanic Americans** by Janet Morey

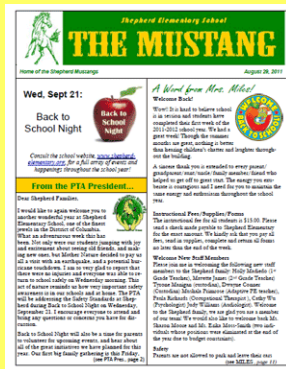
(see IB Corner, page 9)

Join The Mustang Team!

Do you have mad skills in writing and editing? How about in layout and design? How about photocopying and walking?

The Mustang Team can use you! Take a slot in a revolving team of editors, designers and production parents who get the newsletter ready each weekend. Because it's a revolving team, you won't be called on each issue.

If you're interested, email Mark Pattison at pattison_mark@hotmail.com to join this merry band!



Shepherd Elementary is fairly crawling with cute kids. You should know; you're probably

the parent of one or more of them. And the school website has plenty of bandwidth to post photos of all those cute kids. But we need your permission. Go to <http://www.shepherd-elementary.org/parents/parent-teacher-association-pta/pta-forms/> for our Photo Permission Slip. Print a copy, sign it and return to the PTA box in the school office. Thanks!

IB Corner from p. 8

- **Charro: The Mexican Cowboy** by George Ancona
- **The Biographical Dictionary of Hispanic Americans** by Nicholas E. Meyer
- **Ellen Ochoa: The First Hispanic Woman Astronaut** by Romero Maritza
- **The Day It Snowed Tortillas: A Classic from the American Southwest** by Joe Hayes
- **Harvesting Hope: The Story of Cesar Chavez** by Kathleen Krull

During October, the Learner Profile we will be focusing on is Inquirer.

Have a great week!

Sandra Hart
IB Coordinator

Shepherd School Pledge

Today is a new day!

I will respect the rights of others.

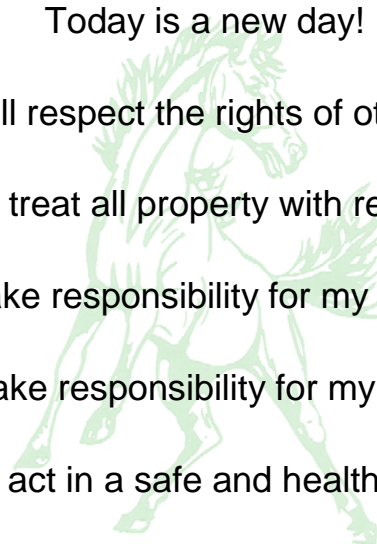
I will treat all property with respect.

I will take responsibility for my learning.

I will take responsibility for my actions.

I will act in a safe and healthy way.

Today I will be the best me I can be!



MILES _____ from p. 1

discuss the report with your student. If you have questions/concerns now is the time to contact your child's teacher.

Morning Arrival

In last week's edition of The Mustang, I stressed the importance of our students developing into independent learners who are able to transition to class and prepare for their day without the assistance of their parent. Many parents read the memo and immediately made the adjustment while others needed a little more time (until the end of the week) to let students transition on their own. This week, the policy will be in full effect for students in grades 1st -5th. Parents, please help us by remembering our expectations and the goal we have for our students.

Traffic Safety

The safety of our students around the school continues to be a major concern. Many drivers continue to not obey the traffic rules and adhere to the policies and procedures established. If you have not done so, take a moment to arrive early at dismissal or arrival and stand as a silent observer on the sidewalk. You may be surprised to see how many individuals are not making safety a priority. Each day at Shepherd we try to instill in our students the importance of being principled (doing the right thing even when no one is looking). However, when students observe their parents doing the wrong thing when no one is looking, it sends mixed messages. Therefore, I challenge you to review the traffic rules and safety procedures and strive to be principled everyday.

Traffic Safety Pledge

In order to make Shepherd and the streets surrounding the school as safe as possible, we must all obey the traffic rules. Please do your part in keeping Shepherd students safe and make a pledge to do your part!

I agree to obey all traffic rules around Shepherd when dropping off or picking up my child/children. This includes:

1. Parking only in a legal space
2. Stopping for pedestrians in the crosswalk
3. Following the speed limit
4. Making only legal turns (no illegal u-turns)

5. Not stopping or parking in a crosswalk
6. Letting students out only on the curb side

Traffic Safety Petition

As stressed in the Traffic Safety section of this week's edition of The Mustang, we are taking the safety of our students seriously. Therefore, we are soliciting help from our local government officials. If you, too, are concerned about safety and would like to see the city support us in our effort, please read the petition we are preparing to submit and stop by the school Monday and Tuesday morning or in the afternoon to sign the petition. Representatives from the school's LSAT team will be present.

This petition is addressed to the District of Columbia Government. We are asking for your assistance in making Shepherd Elementary a safer school for its students.

- ⇒ Assign an additional crossing guard to the corner of 14th and Jonquil Streets, NW
- ⇒ Increase ticket patrol on 14th Street, NW between Kalmia and Jonquil
- ⇒ Make 14th Street, NW a one way going south between Kalmia and Jonquil
- ⇒ Put the "Stop for Pedestrians in Crosswalk" signs at all crosswalks surrounding school

Have a great week everyone!

Warmest regards,

Jamie Miles

Principal

Shepherd Elementary School

7800 14th Street, NW,
Washington, DC 20012
Office Telephone: 202-576-6140
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Send your submissions for the next issue of *The Mustang* to:
SESmustang@gmail.com



Shepherd Elementary School

TV-VG Turnoff Club

September 2011- June 2012

Dear Parents:

As parents, public health professionals and members of the LSAT, this year we are promoting a **TV-VG (Video Games) Turnoff Club** initiative at Shepherd Elementary School. The club asks parents and students to think about their willingness to limit the amount of television and video games they watch on school nights. **If you want to participate, fill out the form on the back with your child(ren) and return it to their classroom teacher, main office or the TV-VG Box at the auditorium entrance.**

We recognize that there are many positive and educational programs and games from which children benefit. However, **overwhelming research has shown that watching large amounts of TV or Video Games can have detrimental effects on children's academic and social development and is also linked to physical health problems such as obesity** (for kids AND adults!).

TV-VG Turnoff offers **different levels** from which families can choose, so it is not necessary to totally give up TV or video games. TV-VG Turnoff Club is one tool to help students and families **set goals in this area during the school week**. Participation is completely optional and following the rules is up to students and families.

We will do our best to have outreach to students who sign up during the year. There will be information and articles frequently in The Mustang. Students who sign up will have their picture on the bulletin board next to the library. Outreach may be as simple as students receiving a letter in a fancy envelope or asking members to participate in a drawing activity and having drawings posted on the bulletin board. We are looking into other ideas such as a special activity at recess for members later in the year. We will look for other ways to engage students and welcome suggestions from you that are relatively easy and low in cost to implement!

If you have questions, ideas or concerns, please do not hesitate to contact Jenny Pauk at jpauk@hotmail.com.

Thank you!

Jenny Pauk and Sherilyn Pruitt





Shepherd Elementary School TV-VG Turnoff Club

September 2011- June 2012

Mustangs survive in the wild. They use their determination, imagination and creativity to live. They certainly don't spend their time in front of a screen! How about you? Are you ready to join the TV-VG Turn Off Club? You are challenged to use your determination, imagination and creativity to find things to do with your time that limit or do not involve TV or video games during the school week.

I, _____, want to join the TV-VG Turnoff Club. I am willing to use my determination, imagination and creativity during the school week to use my time in creative ways that limit or do not involve the TV or video games.

I am in _____ grade and my teacher's name is _____.

Some of the things I plan to do INSTEAD of watching TV or playing video games are:

Here's the kind of Mustang I strive to be!

___ **Gold:** *No TV or computer or video games* (Sunday night through Friday morning)

___ **Silver** *No more than 30 minutes a day total* (Sunday night through Friday morning)

___ **Bronze** *No more than 60 minutes a day total* (Sunday night through Friday morning)

Student's signature _____

Parent's signature _____

Please turn in to your teacher, the main office, or the TV-VG Turnoff Box in the auditorium entrance.